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Newsletter #2 - February 2026

How can we **empower vulnerable people** in the **digital age**?

This is the question at the heart of the Erasmus+ **NEF project – Digital and Empowerment in Social Work Training**, a partnership between six institutions located in four European countries : **IRTS HDF** and **Habble** (France), **CNASR** and **ASSOC** (Romania), **Logopsycom** (Belgium), and **Aproximar** (Portugal).

To answer this question, NEF is proposing activities that will be developed over the three years of the project (2025-2027) and subsequently made available to the general public.

The strength of the project? Involving the people being supported in all stages, so that the activities offered meet their needs and they can regain control of their lives and access their rights in a world shaped by digital technology.

In Newsletter No. 2, we take a closer look at Activity 1 of the Project: '**Identifying and promoting practices that foster empowerment already in place in Europe**'.

This action was structured in stages, carried out between September and December 2025:

- First, each partner identified inspiring practices and tools at the national level in terms of empowerment and self-determination for people in vulnerable situations;
- Next, they mobilised experts and user representatives through their professional networks in national peer review workshops to select those considered most inspiring.
- Finally, the most innovative practices and tools selected at national level were shared and discussed during two European online workshops to select those considered the best.

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Results

following the **European Workshops :**

🏆 **Selected practices and tools: :**

- Les Recruteurs du Hameau (FR)
- É um Restaurante (PT)
- "Together for Digital" (BE)
- Eu sou Digital (PT)
- Santé BD (FR)
- La Box Numérique, (BE)
- Mental Health Peer Mediator (FR)
- Together for Dignity (RO)
- NoRO Center (RO)
- Smile Booklets (BE)
- Day Center for Counseling and Support (RO)
- MentoRoma (PT)

🏆 Most popular digital solutions :

- Mes enfants (FR)
- Map4Accessibility (PT)
- SIMAS Portal (RO) & 123DIGIT (BE)

💖 Audience favourite :

Les Recruteurs du Hameau
and **Mes enfants** at the top !

These inspiring digital practices and solutions will be actively promoted across Europe through a multilingual summary and a dedicated brochure, which will be released shortly.

In future issues, we will take a look at the project's other activities.
See you in April for more news !

More information on the NEF site:
https://nef-initiative.eu

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